

Child Recommended Standards of Care in Diabetes

Based on 2010 American Diabetes Association Standards of Medical Care in Diabetes

Preventive Measure

Goal



Continued Care Visit

2x/year; includes education re: diabetes self-management education, physical activity, medical nutrition therapy, smoking cessation, and psycho-social assessment.



Blood Pressure

q visit, norms based on age, sex, & height



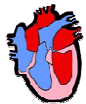
Dilated and Comprehensive Eye Exam

First exam once child is 10 years of age then annually. Less frequent exams (q 2-3 yrs) may be considered with history of normal eye exams



Hgb A1C

2x/year if meeting treatment goals **and** has stable A1C; quarterly if therapy has changed or A1C is not stable.



Fasting Lipid Panel

Annually, unless low risk*

*LDL <100 mg/dl



Nephropathy Screening

Annually with random spot urine sample for microalbumin-to-creatinine ration once child is 10 years of age and has had diabetes for > 5 years



Immunizations

Influenza: Annually to all diabetic patients >6 mos of age.

Pneumococcal: 1x to all diabetic patients >2 years of age.